

TRACK AND FIELD

Arkansas Activities Association Track and Field Advisory Committee Tuesday, October 4, 2005

The Track and Field Advisory Committee of the Arkansas Activities Association met on Tuesday, October 4, 2005, at 9:30 a.m. at the AAA building. Present were:

Chair	Don Carnahan, Russellville	Girls Track	Cecily Butler, Genoa Central
AAAAA	Hays Lemley, Van Buren	Cross Country	Don Higgins, De Queen
AAAA	Tom McMurray, Alma	Decathlon- Heptathlon	Joe Nooner, West Memphis
AAA	Rick Baker, Nashville		
AA:	Keith Dale, Jessieville		
A	Dean Livingston, Delaplaine	AAA Liaison	Kathy Tadlock

Several guests were also in attendance.

FUTURE MEETINGS – It was recommended that the voluntary recap meeting to be held after the spring state track events be scheduled for Friday, May 26, 2006, at 9:30 a.m. at the AAA building.

ADMINISTRATIVE PROCEDURES AND HANDBOOK UPDATES – The following items were approved as updates to the track handbook or AAA procedures for administrative practices.

1. Resume holding an administrative track clinic offering a Referee's School, Meet Director's School, Head Field Judge's School and Starter's School. Date: Saturday, January 7, 2006.
2. Recommended that track conferences and districts be requested to complete their qualifying meets by Tuesday, May 9, 2006; however, if necessary, a conference or district could request an extension to Thursday, May 11. Planned completion by May 9 would allow May 10 and 11 for rain days, if needed.
3. Continue the online rules meeting format, with those not responding by the stated deadline being fined for non-attendance.
4. Track schools will be surveyed in conjunction with the online rules meeting to obtain information about the type of track and what kind of timing and scoring systems are used by each school that has a track.
5. Recognized that, although schools may continue to use the present throwing sectors (60 degrees for shot and 65.5 degrees for discus) for Spring 2006, the 2007 NFHS rules book will require use of the 34.92 degree sector.
6. Recommended that conferences/districts be encouraged to score eight places in the conference meet since this is now done in state meets. This would still be within the authority of each conference/district to determine, as appropriate. (Example: A meet held on a 7-lane track might choose to continue scoring only 6 or 7.)
7. Recommended updates to the meet certification form to improve quality assurance in conducting certified meets.

RECOMMENDATIONS TO THE AAA BOARD OF DIRECTORS – The following recommendations to the AAA board will be presented at their next regular meeting.

1. Recommended that the 300 m low hurdles be added to the junior high order of events, with hurdle heights to be 33" for boys and 30" for girls. Placement, if run, would follow the 400 m Dash. **Rationale:** This is now optional and would continue to be optional, but with a

recommended placement in the order. Meet hosts should notify invitees in advance of what events will be contested for any meet if there is any variation from past meets.

2. Recommended that starting heights for vertical jumps be based on the 10th best height (instead of 8th best) turned in for the meet. **Rationale:** Now that eight places are being scored, this would make it more likely that there would be a recipient for all eight places and points.
3. Recommended that uniform height increments be used at all state meets in the vertical jumps. Once the base number is computed for the starting height, the actual starting height would be the next higher even number. In pole vault the bar would be raised 6" at a time until eight competitors remain, then 4" until completion. In high jump the bar would be raised 2" until eight competitors remain, then 1" until completion. **Rationale:** Better accommodates the range of ability and should assure that there would be a recipient for all eight places and points.
4. Recommended that available takeoff boards or foul lines for triple jump be placed at 24', 32', 36' and 40' to give additional flexibility to the wide range of ability of boy and girl jumpers. **Rationale:** Better accommodates needs of a variety of jumpers. It is important that jumpers land in the pit. An actual board is not required but a line could be use for the additional marks. The rules book provides for additional distances to be used but does not specify. This would guide meet administrators in preferred distances.
5. Recommended several administrative changes in the alternate qualifying procedures.
 - (1) Meet director of each certified meet must submit full meet results to AAA within seven (7) days to be filed to be available for verification of performances after conference/district meets are completed;
 - (2) Coach of an athlete qualifying only through standards must notify AAA immediately after conference meet if an athlete should be entered in the state meet from qualifying standards, giving the site and date of the qualifying meet where the standard was met. This allows the AAA office to verify the performance and notify the state meet director;
 - (3) Conference meets would also have to be certified in advance if the venue meets the criteria for certification and for additional qualifying performances to be accepted as alternate qualifying for the state meet.
 - (4) It was further recommended that results continue to be accepted after seven days with a \$25 penalty fee, which is comparable to a football game report late fee. **Rationale:** Due to the minimal number of athletes entering the state meet through qualification by the standards these items are proposed to replace the longer and more laborious procedure now being used:
6. Recommended time adjustments in the state track meet schedules in an attempt to greatly reduce conflicts that may occur for some athletes, especially during the field events. (See current and proposed time schedules.)

Current State Meet Time Schedule

Class A	AA-AAAAA	EVENT	Class A	AA-AAAAA	EVENT
10:00	10:00	Weigh in 1st coaches meeting	1:30	3:00	Final Coaches Meeting
11:00	11:00	Girls Pole Vault	2:30	4:00	Boys Pole Vault
11:30	11:30	Boys Shot Triple Jump High Jump,	3:30	5:00	Girls Shot Triple Jump High Jump
		Girls Discus Long Jump			Boys Discus Long Jump
12:00	12:00	Weigh in			
1:00	1:00	Running Prelims Girls 100 m High Hurdles 33" Boys 110 m High Hurdles 39" 100 m Dash 400 m Relay Girls 300 m Low Hurdles 30" Boys 300 m Int. Hurdles 36" 200 m Dash ***** 3200 m Relay Finals 10 minutes after last prelim	5:00	6:30	Running Finals 100/110 m Hurdles 100 m Dash 1600 m Run 400 m Relay 400 m Dash 300 m Hurdles 800 m Run 200 m Dash 3200 m Run 1600 m Relay

Recommended State Meet Time Schedule

Class A	AA-AAAAA	EVENT	Class A	AA-AAAAA	EVENT
9:30	9:30	Weigh in 1st coaches meeting	1:30	3:00	Weigh in Final Coaches Meeting
11:00	11:00	Girls Pole Vault Girls Discus Girls Long Jump	2:30	3:30	Boys Pole Vault Boys Discus Boys Long Jump
11:30	11:30	Boys Shot Boys Triple Jump Boys High Jump	3:00	4:30	Girls Shot Girls Triple Jump Girls High Jump
1:00	1:00	Running Prelims Girls 100 m High Hurdles 33" Boys 110 m High Hurdles 39" 100 m Dash 400 m Relay Girls 300 m Low Hurdles 30" Boys 300 m Int. Hurdles 36" 200 m Dash ***** 3200 m Relay Finals 10 minutes after last prelim	5:00	6:30	Running Finals 100/110 m Hurdles 100 m Dash 1600 m Run 400 m Relay 400 m Dash 300 m Hurdles 800 m Run 200 m Dash 3200 m Run 1600 m Relay

Note: All recommendations were approved by the AAA Board of Directors.

There being no further business, the meeting was adjourned.